

Local Patient Support Groups

The online National Amyloidosis Centre patient support forum (www.amyloidosis.org.uk/forum) has been up and running since the beginning of 2015. It has enabled patients, family members and carers from all over the country to meet and give each other support, advice and encouragement in cyberspace.

Some patients who attend the National Amyloidosis Centre are interested in meeting up in real life as well. At this stage, small local support group meetings will be very informal – just a chance for patients, families and carers to meet over a coffee, to get to know each other and to chat.

The fledgling Scotland group had their first meeting in April 2015 and plan on meeting again sometime in July. They hope to welcome more members as word spreads.



The first meeting of the Scotland amyloidosis support group: George Turner, Gail Hogg and Mark McConway, founder members of the group.

Please contact the following organisers if you're interested in hearing more:

- ❖ **Scotland**
George — geordie_turner@hotmail.com
- ❖ **Manchester**
Lesley — lesley.toft@ntlworld.com
- ❖ **London**
David — davidgoldstone@btinternet.com
- ❖ **Colchester, Essex**
Sandra — sandrabl46@hotmail.com

If you'd like to set up a group elsewhere, please contact Miriam: miriam.pepys@ucl.ac.uk.

Myeloma UK groups – for patients with AL amyloidosis

The charity Myeloma UK also welcomes patients with AL amyloidosis at its support groups, which meet in around 60 locations around the UK. For more information see the Myeloma UK website: www.myeloma.org.uk.

